

Autumn Winter 2022/23 Menu - Week 3

Week starting: 19th Sept | 10th Oct | 7th Nov | 28th Nov 2022
2nd Jan | 23rd Jan 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Hunters Style Chicken with Country Diced Potatoes & Broccoli Florets	Chilli Beef, Rice & Tortillas with Chef's Winter Salad	Roast British Gammon & Pineapple with Roast Potatoes, Carrot Batons & Gravy	Katsu Chicken [#] on a bed of Rice with Sweetcorn	Fish [#] & Chips with Garden Peas
Roast Vegetable Pasta Bake with Broccoli Florets ^V	Veggie Brunch: Omelette, Veggie Sausage, Hash Browns, Baked Beans ^V	Sweet Potato Frittata with Roast Potatoes & Green Beans ^V	Spinach & Ricotta Cannelloni with Sweetcorn ^V	Veggie Bean Burrito with Chef's Winter Salad ^V
Baked Lemon Sponge with a Zingy Lemon Sauce & Custard ^V	Caribbean Cake & Coconut Custard ^V	Winter Spiced Fresh Fruit Salad* ^V	Meringue Nests filled with Winter Berries & Crème Fraîche ^V	Butterscotch Muffin ^V

2 Course Daily Meal - £2.65

All dishes are freshly prepared from scratch, except items marked with #
* Desserts highlighted with an asterisk contain a minimum of 50% fruit

Twelve 15