

Autumn Winter 2022/23 Menu - Week 2

Week starting: 12th Sept | 3rd Oct | 31st Oct | 21st Nov | 12th Dec 2022
16th Jan | 6th Feb 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Biryani with a Mini Garlic Naan Bread* & Sliced Carrots	Cottage Pie with Winter Root Vegetables	Roast British Chicken with Chef's Stuffing, Roast Potatoes, Broccoli Florets & Gravy	Beef Meatball Ramen Bowl with Chef's Winter Salad	Pollock or Salmon Fish Finger Wrap* with Spicy Potato Wedges & Winter Slaw
Quorn Pesto Pasta with Garden Peas V	Quorn & Butternut Squash Curry with Rice & Green Beans V	Leek & Courgette Crumble with Roast Potatoes & Roasted Parsnips V	Lentil Lasagne with Garlic Dough Balls & Sweetcorn V	Glamorgan Sausages* with Spicy Potato Wedges & Garden Peas V
Jam & Coconut Sponge & Custard V	Homemade Yoghurt & Fruit Compote* V	Apple & Cinnamon Cobbler V	Lime & Mint Infused Fresh Fruit Salad* V	Chocolate Fudge Pudding with Crème Fraîche V

2 Course Daily Meal - £2.65

All dishes are freshly prepared from scratch, except items marked with #

* Desserts highlighted with an asterisk contain a minimum of 50% fruit

Twelve 15