Autumn Winter 2022/23 Menu - Week

Week starting: 5th Sept I 26th Sept I 17th Oct I 14th Nov I 5th Dec 2022 9th Jan I 30th Jan 2023

Monday

Sausage & Pear Traybake with Crispy Herb Potatoes & Broccoli Florets

Mexican Vegetable Stack with Crispy Herb Potatoes & Chef's Winter Salad V

Fruity Flapjack* V

Tuesday

Chicken & Butternut Squash Pie with Mustard Mashed Potato & Sweetcorn

Hoisin Quorn & Vegetable Stir Fry with Noodles & Peas V

Carrot Cake with Cream Cheese Topping V

Wednesday

Roast British Pork with Chef's Stuffing, Apple Sauce, Roast Potatoes, Winter Greens & Gravy

Squashage Roll with Roast Potatoes, Cauliflower Florets & Gravy V

Oaty Apple Crumble & Custard* V

Thursday

Thai Green Chicken Curry with Rice & Green Beans

Chilli Non Carne
with Rice
& Carrot Batons V

Chocolate & Beetroot Brownie V

Friday

Fishwich in a Roll* with Oven Chips & Mushy Peas

Margherita Mac Cheese with Cherry Tomatoes & Fresh Basil with Onion Bread & Roasted Winter Veg V

Ginger Sponge with Vanilla Sauce V

2 Course Daily Meal – £2.65

All dishes are freshly prepared from scratch, except items marked with # * Desserts highlighted with an asterisk contain a minimum of 50% fruit

