

Equipment

You are limited to what you can carry between you in your groups. Ask Miss Johnson very quickly if you need to borrow anything.

Essential

(Trangia cooker – no need to order. Will be issued after Easter)

Tent – to hold however many people is sensible. Can be ordered

Sleeping bag – Can be ordered

Roll Mat – Can be ordered

Rucksack – 55L to 65L - Can be ordered

Waterproof clothing

Waterproofing (robust) for sleeping bag

Matches (for lighting the Trangia)

Walking boots (broken in and to include ankle support)

Walking socks

Hat

Sun block

Bug Spray

At least a change of clothing

Walking trousers – no jeans or flimsy leggings. Shorts optional (increases the risk of ticks)

Clothing to be in layers

Personal first aid kit

Food

Torch + suitable battery supply or sufficient charge

Water bottle – at least 1 litre

Cutlery

Plate (and or bowl) – not ceramic

Small container with washing up liquid in it plus cleaning material / scourer

Essential hygiene items – towel / travel towel. (No hair straighteners lads!)

Watch

Enough phones and phone battery power to last the group

Medication (inform Mr Hellier if you have any with you)

Optional (remember, you have to carry it)

More spare clothing

Tennis ball or frisby or pack of cards for entertainment etc

Notebook / pencil

Mug

Tin opener (if needed)

More waterproofing – drybags are good (kids have had training about this)

Camera

Hat / Cap

String

Sunglasses

(Money – Silver only for service stations en-route)

Gloves