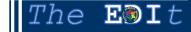




WELCOME BACK TO



This week I wanted us to build on our thinking in relation to respectful communication and inclusive language. Using inclusive language can enhance our empathy, clarity, and understanding of each other as complex individuals with intersectional and varied identities and experiences. Using inclusive language in the classroom is important for cultivating a welcoming and motivating classroom environment where students perceive that their different identities, knowledge and skills are respected and valued by their teacher and peers.

Some things to consider:

- Avoid unnecessarily gendered language.
- Person-first vs. identity-first language
- Avoid idioms, jargons, and acronyms
- When speaking about disability, avoid phrases that suggest victimhood

- Don't underplay the impact of mental disabilities
- Be thoughtful about the imagery you use (ex: lazy, dirty, primitive, etc.)
- Do not use adjectives as nouns (ex: Asian people not Asians or the Asians)
- Ask yourself if race/ethnicity descriptor is necessary

How can I use this?

Use the table below to help guide us and our students to use more inclusive language:

| Use: | Avoid: |
|---|--|
| People, folks, teammates | Guys |
| Typical | Normal |
| People with visual impairments, , blind people, | The blind |
| partially sighted people | |
| People with hearing impairments, deaf people | The deaf |
| Disabled people/person | The disabled |
| Person with autism | Autistic |
| Person with dyslexia | Dyslexic |
| Minority Ethnic groups | Ethnic minorities, minority groups |
| Asian people, Black people, White people | Non-white people, |
| People of White and Black Caribbean heritage | Mixed, mixed heritage, mixed race |
| Heterosexual people, straight people | Heterosexuals |
| Sexual orientation | Sexual preference |
| Lesbian people, gay people, bisexual people. | Lesbians, gays, bisexual |
| Only use 'LGBTQ+' when referring to both sexual | Don't use 'LGBTQ+' if you are only talking about |
| orientation and gender identity-based | gender or gender identity |
| communities | |

See you next week!