



Dear Parents / Carers / Students,

29th November 2022

I am writing to you all to clarify the PE Departments expectations concerning; PE kit expectations, jewellery and hair, excused notes and swimming.

PE Kit Expectations – KS3 and 4

The vast majority of our students regularly bring the correct kit for their lessons and ensure they are prepared for lessons. We also have a number of students who recently have not been prepared for lessons and have either not had kit with them; not had their trainers or have had their own clothes (e.g. a football shirt). Therefore, we are changing the way we report home on Arbor and how we sanction students. You will now see the following categories reported on Arbor:

- Kit fault – A student has forgotten one item of their kit (e.g. PE polo). Detention issued on the second occasion.
- No PE kit – The student does not have their whole PE kit. Detention issued.
- No trainers (PE) – The student has their kit but no trainers. Detention issued.

Students will not be able to take part in PE if they do not have their kit or trainers (if outside). If they are inside and do not have trainers, they will have to remove their footwear and socks. A reminder of the PE kit expectations can be found below. **Students will be reminded of the PE expectations in their next lesson and will have until 5th December to get themselves organised with the correct kit.** If students do not have the correct kit by then, they must bring a note from home (not an email) for their teacher until they have the correct kit.

Emails to Staff

We have seen an increase in the number of emails to the PE staff. Staff are often leading after school clubs or fixtures but will try to reply to all emails within 48hrs. Please ensure all correspondence with staff are respectful. We are all trying to support you and the students as best as possible.

Jewellery and Hair

Our uniform policy states that all jewellery must be removed before taking part in PE. In support of this, if you are planning on your child having a new piercing, please could this be completed at the start of the summer to allow for healing time. Alternatively, please help the students to practice taking their piercings in and out, so they are able to do this in lessons. All hair should be tied up for all lessons and students must bring their own hair band to be able to do this.

Excused Notes in PE

Recently we have seen an increase in the number of excused notes for students in PE. We are asking for your support to ensure the reason your son or daughter is using is appropriate to be excused from a PE lesson. For example, if they are well enough to be in school, they should be taking part in PE. We have also seen a decrease in swimming participation. This is a key part of our curriculum and we value the time our students spend in the pool. We track all notes we receive and will contact home if students are persistently missing lessons. If we perceive a note or reason to not be valid (e.g. forged) we will contact home to discuss this.

We appreciate your support with the issues above. As always, please feel free to contact me (s.tipton@warlinghamtlt.co.uk) or any other member of the PE team if you have any queries relating to PE.

Kind regards,

Mr Tipton (Head of P.E.)

KS3 and 4 Kit Expectations

General

- If a child is excused from PE, a note from parents is essential; this must be presented to the PE teacher at the start of the lesson. PE kit must still be brought in unless the student cannot physically get changed or it is agreed with the class teacher (for example, if a child had a broken leg).
- If a child is excused from swimming, the standard PE kit should be brought to school.
- If the PE kit is lost/mislaid, other sports clothing must be brought to school with a note from parents.
- If a child does not have rugby or football boots PE kit must still be brought to the lesson.
- Students bring valuables to school at their own risk. The PE staff cannot be held responsible for their safe keeping.
- The school detention system will be enforced in you fail to observe any of the above rules.
- Showers are optional and will depend on the PE activity undertaken.
- Spray deodorants and perfume sprays are not permitted in school. Students and staff can have sensory needs or suffer with medical conditions which are triggered by such products. We advise students to use a roll-on deodorant instead.

PE Uniform - Compulsory

- White polo shirt with embroidered school logo (see image from Hewitt's website)
- Plain navy blue or black sports leggings or jogging bottoms
- Plain navy-blue sport shorts (see image from Hewitt's website). Students are only allowed to wear navy shorts and not tight cycling shorts.
- Navy PE Skort can be worn until July 2023.
- Plain royal blue knee-length sport socks to be worn with shin pads
- White sports socks can be worn with trainers
- Lace up trainers, (no plimsolls, canvas shoes or Velcro secured trainers)
- Plain navy blue or black swim one-piece costume or swimming shorts. Students are permitted to wear plain navy blue or black swim rash vests and swim shorts if they prefer. Bikinis are not permitted.
- Swimming cap
- Towel
- Shin pads
- Gum Shield



Boys' Additional Compulsory Items:

- Boys' long sleeve Rugby shirt
- Football boots

Optional Recommended Items:

- White base layer
- Grey Warlingham Hoodie
- Plain navy waterproof jacket
- Swimming goggles

Enrichment Opportunities

Due to changes in staff, there have been a few changes to our enrichment clubs. All students should get changed in to their PE kit at 3.10pm and head to the club for a 3.20pm start. All clubs will finish by 4.20pm.

	Monday	Tuesday	Wednesday	Thursday	Friday
Netball (AWC)			All Years HRa / PHu		
Rugby (Field)		All Years Boys and Girls CHt / TPr			
Trampolining (Gym)		KS4 CBo			
Football (Astro)	All Years Girls TDo	Years 9, 10 and 11 Boys Kti / HMo	Years 7 and 8 Boys DMc / RPi		
Basketball (Sports Hall)		KS4 GJo			KS3 CGI / TPr
Swimming		Improver Swimming All Years John	Squad Swimming All Years Kti		Lane Swimming All Years STp
Badminton (Sports Hall)	Year 7 and 8 RSo		Year 9, 10, 11 & Senior Vsa		
Fitness Suite	Years 10, 11 and Sixth Form Boys BVa / ARi	Years 10, 11 and Sixth Form Girls			

Notes: Improvers swimming will not run on the following dates before Christmas: 6th and 13th December.

Pre-loved Uniform

If your son or daughters PE kit no longer fits them and it is still in a good condition, we are asking for donations. If you have any kit that you wish to donate, please get your son / daughter to drop it to the PE office.