



Dear Parents/Carers and Students

This weekend, we have been informed that there has been a confirmed case of COVID-19 within the Year 7 bubble at Warlingham School. We are again working under the advice and instructions of Public Health England to take all necessary precautions to stop the spread of the virus. This letter is to inform you of the current situation and provide advice on how to support your child. I would like to make it clear that this case has not been as a result of any breach of quarantine/self-isolation measures.

In line with the national guidance we have asked all 'direct contacts' of the student concerned to stay at home and self-isolate until and including Friday 9th October (14 days after contact). We have asked them to do this to reduce the further spread of COVID-19 to others in the community. If they are well, they will return on Monday 12th October 2020. The advice is clear that other members of the same household of these 'direct contacts' do not need to self-isolate unless they have symptoms of COVID 19. The guidance also makes clear that those identified as direct contacts should only get a test for COVID 19 if they are displaying symptoms.

The school remains open for all other students and your child should continue to attend if they remain well.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 111.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14 day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online. Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community. If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- A new continuous cough
- A high temperature
- A loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- **Wash your hands with soap and water often – do this for at least 20 seconds**
- **Use hand sanitiser gel if soap and water are not available**
- **Wash your hands as soon as you get home**
- **Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze**
- **Put used tissues in the bin immediately and wash your hands afterwards**

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

I thank all parents/carers for your support during this time.

Yours sincerely



Mr Paul Foster
Headteacher